

Children

Picture Books:

School's First Day of School
by A. Rex (2016)

The Day You Begin by J. Woodson
(2018)

**After the Fall (How Humpty
Dumpty Got Back Up Again)**
by D. Santant (2017)

The Couch Potato by J. John (2020)

Little Tree by L. Long (2015)

Invisible String by P. Karst (2018)

**Lola Goes to School (2019)/Lola
Reads to Leo (2012)** by A. McQuinn

The Night Before Kindergarten
(2001)/**First Grade** (2005)
by N. Wing

A Kiss Goodbye by A. Penn (2007)

You Were the First by P. McLachlan
(2013)

Graphic (*upper elementary):

***New Kid** by J. Craft (2019)

***Real Friends** (2017)/ **Best Friends**
(2019)/ **Friends Forever** (2021)
series by S. Hale



Teens

With the Fire on High
by E. Acevedo (2019)

Tell Me Three Things by J. Buxbaum
(2016)

The Perks of Being a Wallflower
by S. Chbosky (1999)

Emergency Contact by M. Choi (2018)

Huda F Are You? by H. Fahmy (2021)

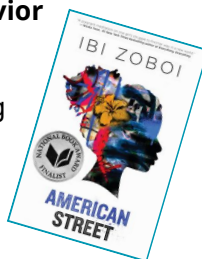
Everything Sad Is Untrue D. Nayeri
(2020)

Anger Is a Gift by M. Oshiro (2018)

Highly Illogical Behavior
by J. Whaley (2016)

Parachutes by K. Yang
(2020)

American Street
by I. Zoboi (2017)



**How to College: What to Know Before
You Go (and When You're There)**
by A. Brenner & L. Schwartz (2019)

**Scan to review & reserve
books on the
RPL/BCCLS catalog**



Questions? Roberta:
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Adults

**Who Will Take Care of Me When I'm
Old?** by J. Loverde (2017)

The Art of Happy Moving: *How to
Declutter, Pack, and Start Over While
Maintaining Your Sanity and Finding
Happiness* by A. Wenzke (2019)

It's OK That You're Not OK: *Meeting
Grief and Loss in a Culture That Doesn't
Understand* by M. Devine (2017)

Eightysomethings: *A Practical Guide to
Letting Go, Aging Well, and Finding
Unexpected Happiness* by K. Esty (2019)

The 36-Hour Day: *A Family Guide to
Caring for People Who Have Alzheimer
Disease and Other Dementias*
by N. Mace & P. Rabins (2021)

Retirement Planning Guidebook:
*Navigating the Important
Decisions for Retirement
Success* by Q. Pfau (2021)



Pivot: *The Only Move
That Matters Is Your Next
One* by J. Blake (2016)

The Menopause Brain: *New Science
Empowers Women to Navigate the
Pivotal Transition with Knowledge and
Confidence* by L. Mosconi (2024)

Parenting:

Untangled: *Guiding Teenage Girls
through the Seven Transitions into
Adulthood* by L. Damour (2016)

The Yes Brain: *How to Cultivate
Courage, Curiosity, and Resilience in Your
Child* by D. Siegel & T. Bryson (2018)

**Co-parenting Through Separation
and Divorce** by J. Blackstone &
D. Hill (2020)

THE RIDGEWOOD LIGHTHOUSE INITIATIVE

A community-driven, positive approach to encourage individual &
collective mental wellbeing through the YMCA & Ridgewood partners.

